

A11: Experiment record sheet				
Details of experiment	My belief about what will happen	What was the outcome of the experiment?	Was my belief correct?	My new, more helpful belief
Example: I will drink from a can without wiping it <i>(Be as specific as possible)</i>	I will become very ill shortly afterwards	I felt a bit anxious but I was fine and didn't get sick	No	Having the thought that something is contaminated does not mean it is a reality